

# Into the Eye of the Storm

## Resilient Leadership during Turbulent Times

**Time:** 90-120 minutes

**For:** Leadership Teams

**Setting:** Virtual or In-Person

### Laura Jansen



Laura Jansen holds a Master of Education from Queen's University. Her diverse expertise as an Educational Advisor, Entrepreneur, and Teaming Facilitator extends across continents, where she has guided teams in various sectors, from first responders and sports teams to military units, and from financial institutions, to universities and healthcare organisations. At the core of Laura's methodology lies the practical application of inclusive decision-making, building psychological safety, leveraging power diversity, and optimizing reflexivity within teams.

### Overview

In the midst of uncertainty and adversity, where the winds of change howl and the waves of challenge crash upon us, the essence of resilient leadership emerges, not in solitude but in the collective strength of a unified team. Explore the vital link between psychological safety, power, intelligent teaming and the resilient leadership required to navigate through the toughest seas.

How do we use our shared expertise when it is needed most?  
How do we value each voice, yet make the right decisions?  
How do we chart the course, yet keep everyone on board?

During this interactive session, you will walk away with real tools, not only for finding your bearing and navigating your ship to calmer seas, but for sailing toward new lands and opportunities as well.

### Learning Objectives

#### Recognize Necessity:

- Turbulent times require different tools

#### Shared Understanding:

- Psychological safety, Power & Intelligent Teaming

#### Tools & Application:

- Levering the wisdom of teams – getting to the 'how'

### Key Themes

#### 'Into The Eye of the Hurricane'

How small decisions turn into big & bad ones

#### 'Captain's Orders'

How you can tell your that your ship is sinking

#### 'Clear your Compass'

How turbulent times require new tools

#### 'Navigate by Design'

How to predict in unpredictable times

#### 'Land in sight!'

How we can move from turmoil to new terrains of triumph